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MONTGOMERY COUNTY COMMUNITY HEALTH ASSESSMENT



WHY A HEALTHCARE ASSESSMENT?

- Public statistics indicated healthcare challenges in Montgomery County
- Requests for proposals did not hit the mark
- Opinions about healthcare needs in the county varied widely among providers
- Value in building consensus around health care needs



WHO JOINED THE EFFORT?

- County Hospitals
 - Conroe Regional Medical Center
 - Kingwood Medical Center
 - Memorial Hermann The Woodlands Hospital
 - St. Luke's Hospital

- County Safety-Net Clinics
 - Interfaith Community Clinic
 - Lone Star Family Health Center

- Montgomery County Hospital District

- Montgomery County United Way

WHO JOINED THE EFFORT?

- An Advisory Committee of 22 “Grasstop” Leaders
 - Geographical Areas
 - Magnolia, Montgomery, South County, East County, Willis, Conroe
 - Faith-based community

 - Targeted Populations
 - Age
 - Race
 - Culture
 - Income



WHERE DID THE INFORMATION COME FROM?

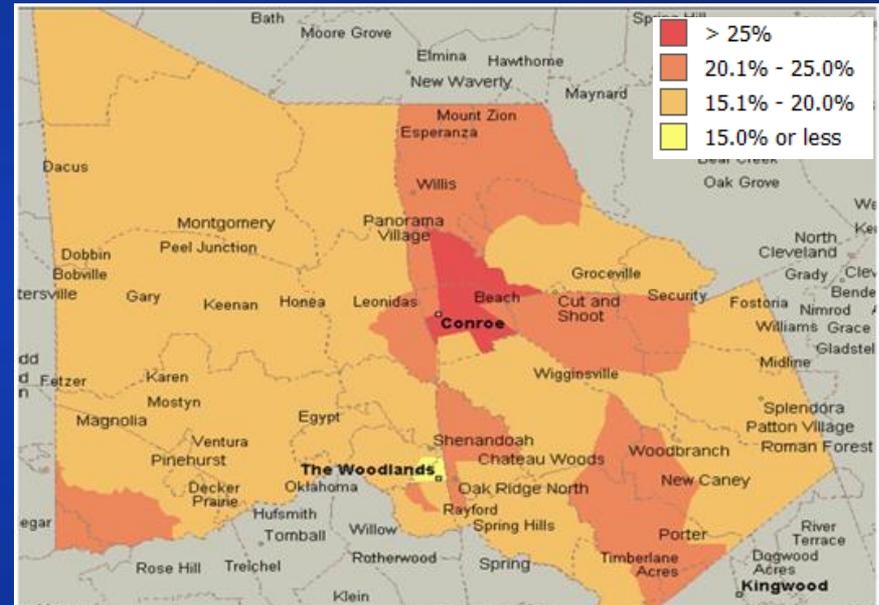
- Census Data
- 2009 American Community Survey
- St. Luke's Episcopal Health Charities
- BRFSS (Behavioral Risk Factor Surveillance System)
- Texas Cancer Information
- Texas Health Currents
- Kids Count Data Center
- Proprietary ER data from all hospitals
- Patient data from MC Hospital District, Lone Star Clinic, Interfaith Community Clinic



- ✓ Commissioned Texas Health Institute (THI) to collect, integrate and analyze the data

WHAT DID THE RESEARCH REVEAL?

- Third highest uninsured rate in the region (~98,000 or 25% of population)
- Over 50% of adults under 65 yrs old at or below 200% of poverty are uninsured



Percent Uninsured (< 65 years) by Zip Code, Montgomery County, Texas, 2008

WHAT DID THE RESEARCH REVEAL?

- Nearly 50% of all emergency room visits are for potentially preventable diseases
- Over 40% of all emergency room visits are by people who have public health insurance

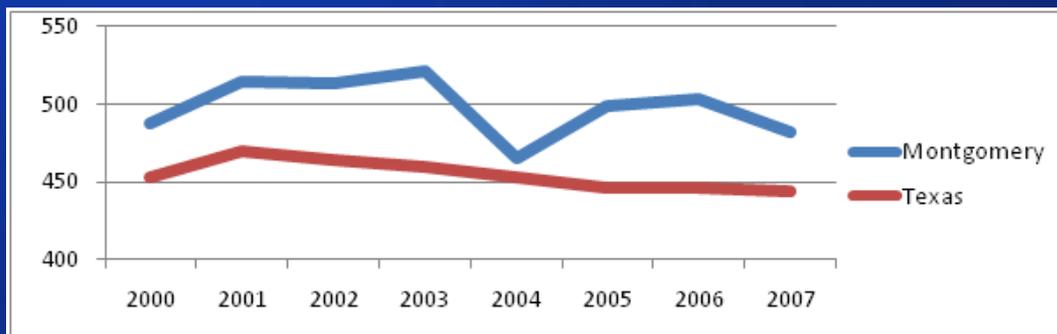


WHAT DID THE RESEARCH REVEAL?

- Rates of overweight/obesity, breast cancer mortality, skin cancer incidence and respiratory diseases are greater than state
- Lack of education on available resources, transportation, ability to pay and trust



Percent Overweight or Obese Adults



All Cancer Age-Adjusted Incidence Rate, Montgomery County and Texas

Recommendations:

- Education: Help people navigate the health care system
- Increase service capacity through clinics
- Incorporate technology into the delivery of health care
- Increase dental services for low income residents
- Tackle the obesity problem
- Encourage cancer prevention & early detection
- Get the word out about the study to engage the community

1) Education: Help people navigate the health care system

- Developed a proposed Navigator Pilot Program for Conroe
- MC Hospital District taken leadership
- Q4, 2012 - Expect clarity of funding through new Medicaid waiver program

2) Increase service capacity through clinics

- Leadership: Chris Grice (Amegy Bank) & David Hopkins (Micro-MainFrame)
- Task Force meeting regularly to review best practices
- Q4, 2012 - Expect recommendation for next steps

3) Incorporate technology into the delivery of health care

- Health Information Exchange has hired a new Exec Director(Nicole Rogers)
- HIE renamed Health Information Partnership of SE Texas
- Funding provided by an HGAC grant

4) Increase dental services for low income residents

- Community Clinic working with UT to mentor dental students at ICC
- Struggling to identify volunteer dentists to act as mentors
- Task force leader is leaving MC.

5) Tackle the obesity problem

- Leadership: Bob Abendschein (Anadarko)
- Renamed Healthy Living Alliance ; Task Force very active
- Focusing on 3 areas – Nutrition, Physical Activity, Education
- Implemented successful pilot project at one Willis elementary school in spring semester
- Developing detailed strategies ; expect implement 4 programs this year

6) Encourage cancer prevention & early detection

- Have not addressed as yet due to efforts on other recommendations
- Do not expect to address this recommendation directly due to significant effort already ongoing

7) Get the word out about the study to engage the community

- Presented Assessment results to numerous groups including Rotary Clubs, Lions Clubs, MC Public Health, MC Hospital District Board, etc

For More Information ...

MC Community Health Assessment Report:

- www.mcuw.org (MC United Way website)
- Or email a request for a copy to Bob Evans (rge0036@yahoo.com)

MC United Way Info or Health Assessment Questions:

- www.mcuw.org
- Bob Evans (832-405-0939)
- Vicky Shelledy (936-760-4179 X265)

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QUESTIONS? THOUGHTS? IDEAS?



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BACKUP

- 2008 – Montgomery County United Way commissioned a Communities Priorities Report (UofH)
 - 5 priorities identified
 - Priority #2 is “Facilitating Access to Quality & Affordable Healthcare (FQAH)”
- April & October, 2009 – MCUW solicits programs to address the FQAH priority; none are acceptable
- January, 2010 – MCUW’s Board approves a Montgomery County Community Health Assessment
- March 11, 2010 – partners note that they have significant quantities of data that has not been integrated & analyzed; agree that Texas Health Institute will be commissioned to complete the analysis
- June 11, 2010 – study kick-off meeting with partners & THI
- July, 2010 thru March, 2011 –
 - Gather, analyze partner and public data
 - Identify & engage community leaders across MC to participate in the Advisory Committee
 - Multiple meetings with Steering and Advisory Committees
 - Prepare report
- May 6, 2011 – Sign-off on final report by Steering Committee

Note: Montgomery County United Way’s 5 priorities are:

- 1) Moving People Out of Poverty
- 2) Facilitating Access to Affordable and Quality Healthcare
- 3) Helping People Cope With Challenging Situations and Developing Resiliency
- 4) Prevention and Treatment of Drug and Alcohol Abuse
- 5) Providing temporary Assistance in the event of a Crisis

The Steering Committee is charged with providing expertise and direction to the study

Community Clinic +

- Dr. Janet Roberts
- Dr. Ann Snyder

Conroe Regional Hospital (HCA) *

- Tom Holt
- Karen Tomsu

Kingwood Hospital (HCA) *

- Megan Marietta

Lone Star Family Health Center *

- Stephen McKernan

Memorial-Hermann The Woodlands *

- Steve Sanders
- Josh Urban

Montgomery County Hospital District *

- Allen Johnson
- Emily Llinas (MC Public Health Department)

St. Luke's The Woodlands Hospital *

- Peg Reiter

Montgomery County United Way #

- Bob Evans (Steering Committee Chair)
- Bob Abendschein – Anadarko
- Jay Jezierski – Stone Creek Wellness Ctr
- Rebecca Jones – Community Clinic
- Jerry May – CB&I
- Lucinda Owen – Community Volunteer
- Peg Reiter – St. Luke's
- Steve Reiter – St. Dominic Village
- Claudia Riedlinger – Community Volunteer
- Roberto Rodriguez – Lone Star College
- Lisa Schott – AAMA
- Karen Tomsu – Conroe Regional Hospital
- MCUW Staff: Julie Martineau, Vicky Shelledy

* Funding Partner & Data Contributor
Funding Partner
+ Data Contributor

The Advisory Committee consists of 22 “grass-top” leaders from across the county who have been asked to:

- Provide their perspective on Montgomery County healthcare issues
- Provide feedback and verification of the THI analysis of public, hospital and clinic data
- Participate in the development (and implementation) of healthcare solutions

Magnolia:

- Carolyn Bruton (Rob Eissler’s office)
- Monica Grandinetti (SOS)

Montgomery:

- Rev. Dr. Michael Hayles (Coat of Many Colors)

South County:

- Dr. Wally Wilkerson
- Shirley Grimes (Tamina Community Center)
- Debbie Repka (Interfaith)

East County:

- Pamela Munoz (Mayor - Patton Village)
- Dr. Karimjee (also has main clinic in Tomball)
- Tammy Grant (Univ of Texas Medical Branch)

Willis:

- Leonard Reed, Mayor

Conroe:

- Jeannette Plowman (St. Vincent de Paul)
- Marlen Tejeda (Conroe Hispanic Task Force)
- Sue Davis (Univ of Texas Medical Branch)

Targeted markets:

- Polo LaCoste (Home Healthcare)
- Trish Janek (Tri County Services)
- Faith Casperson (CISD Lead nurse)
- Carol Girocco (Lone Star College)
- Dr. J. Jimenez
- Judy Tolleneare (Lone Star College)

Faith-based:

- Cliff Ritter (TWUMC)
- Nancy Heinz (First Methodist in Conroe)
- Pastor Dexter Upshaw (Rising Star Baptist Church)